

# Skills Framework

The skills



**Communication**



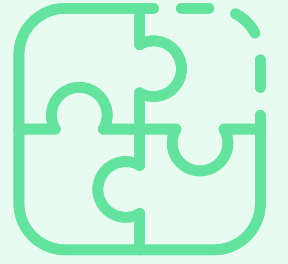
**Self-belief**



**Teamwork**



**Self-management**



**Problem Solving**

Defined as



The ability to listen and share verbal, written and electronically

Building confidence in own ability

Enabling an individual to work with others

Taking responsibility for actions and doing things to the best of their abilities

Understanding a problem and using logic to find solutions

Demonstrated by these behaviours



Appropriate  
Listening  
Body language  
Demonstration  
Understandable  
Active listening  
Questioning  
Articulate  
Professional  
Passionate  
Succinct

Confidence  
Positive attitude  
Self awareness  
Enthusiasm  
Courage  
Resilience  
Self-esteem  
Self-motivation

Reliable  
Respect  
Honesty  
Flexibility  
Encouraging  
Trustworthy  
Adaptable  
Integrity  
Empathy  
Inclusive  
Inspiring

Commitment  
Self control  
Organised  
Responsible  
Reflective  
Accountable  
Determination  
Independence  
Initiative  
Motivated  
Self-starter

Idea maker  
Awareness  
Contributor  
Decisive  
Creative  
Analytical  
Innovative  
Intuitive  
Rational

Building the confidence to believe, the qualities to lead and the skills to succeed.

